



March 2024

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Please limit submissions to 500

The Scoop

AA in the AV 53

AA in the AV 53
By Bruce L.
District 7 Archivist

The AV Men's Stag moved from the Palmdale Cultural Center to the Courson Park Pool Building in Palmdale in late 1992 or early 1993, and there it stayed for several years, until one night Gary W. and his son Sean were standing outside the building talking with Cowboy Eddie and a shot rang out. Eddie got shot in the ass! Dave P. (who later became cake person for the stag) says he heard someone say "cowboy hat" before the shot was fired. Anyway, Eddie was all right, but the meeting real quickly moved. A room was found at the Family Resource Center, upstairs, at the corner of Palmdale Boulevard and 15th Street East. The dates of the move are still a bit unclear, but the meeting was definitely there

in June, 2001. How much before and after that date, we're not sure. That move from Courson Park to Palmdale Boulevard began a bunch of short-term contingency locations before the AV Men's Stag finally ended up at the Grange in Quartz Hill, where it is today (to be continued)



See you next month,
Bruce L.

Election of Officers of the Intergroup Steering Committee

Nominations of all qualified AA members for board positions shall be held at the regular Intergroup Meeting in the months of January and February. The Intergroup Steering Committee is held on the **1st Thursday of each month at the**

Antelope Valley Central Office.
Any AA member who is qualified for the open position and is willing to make the necessary commitment may be nominated. Qualifications for the open positions are available at the Central Office. There must be at least two nominations for each position.

The annual election will be held during the first week of March. Ballots may be cast during regular business hours at the A.V. Central Office for one week prior to the Annual Election Meeting held on the first Thursday of March. All A.V. AA members may vote.

Additional nominations will be accepted at the February 1st meeting at 7:00pm at the AV Central Office.

Nominations for Board:

Chair: Carolyn B.

Co-chair: Brian Y.

Treasurer: Bob K.

Member at large: Michelle

All are welcome and encouraged to attend.

Calendar of Events

Central Office Intergroup

Meeting-1st Thursday of the

month at Central Office @7pm

Roundup Meeting-1st Sunday

each month @5:30, Grange

H&I Meeting- 2nd Sunday each

month @10am, Friends of Bill

District 7 Meeting- 2nd Monday

each month @ 630, Grange Hall

Men of AA Serve You- Roundup

fundraiser, Feb. 10 @6pm \$20

Palmdale Group Alcaathon- Feb.

16-18, Plain Language BB

Session- Feb. 20@ 7pm, Zoom:
829 8381 7449 PW: PLBB58993
OldTimer's Event- March 23rd @
11 am., AV College Cafeteria
\$20

Food For Thought for People of AA

Donations to AA are small compared to the number of people in the meetings. Although I know some are just getting back on their financial feet and must make financial amends, some are just passing through for the courts, there are others that have been doing well for a long time. In some meetings I have known 1 to 3 people to be 20% to over 50% of the donations to the meeting of 20 to 30 or more participants. Too many people still hold to the \$1.00 to \$2.00 donations if they donate at all.

Here is some of the costs to go out and drink that we would have no problem coming up with the money for. For those who did the better living through chemistry course you can add the cost of those other drugs you would use based on your usage. These are the sale prices (not the full price) at my local Albertson's except for the quarts of beer.

9.00- 6 pack Coors

11.00- 12 pack Pabst

9.00- 15 pack Keystone Lite

19.00- 30 pack Rolling Rock

22.00- 30 pack Miller

13.00- 12 pack of Budweiser

31.00- 18 pack Corona

25.00- 18 pack Modelo

3.00- Various quart bottles
(Food/Gas markets)

20.00- Various 12 packs of hard
seltzers

For you wine and liquor people I used the prices on a 75-milliter bottle which is .75 liter or approximately .79 quart (not a full quart) based on conversions.

6.00 to 19.00 each bottle for wine
9.00 to 24.00 bottle of liquor

Restaurant and Bars

5.00 to 15.00 or more per drink

I think many of us could up the ante a little bit if we look at what we would be paying to drink. Just something to think about for the next time the basket is passed, drinking the way we did is not a \$1.00 to \$2.00 a day problem it shouldn't be a \$1.00 to \$2.00 a meeting solution.

-Paul E. A.A. 05/04/1984

Step 3

“Made a decision to turn our will and our lives over to the care of God as we understood Him.”

Practicing Step Three is like the opening of a door which to all appearances is still closed and locked. All we need is a key, and the decision to swing the door open. There is only one key, and it is called willingness. Once unlocked by willingness, the door opens almost of itself, and looking through it, we shall see a pathway beside which is an inscription. It reads: “This is the

way to a faith that works.” In the first two Steps we were engaged in reflection. We say that we were powerless over alcohol, but we also perceived that faith of some kind, if only in A. A. itself, is possible to anyone. These conclusions did not require action; they required only acceptance.

Like all the remaining Steps, Step Three calls for affirmative action, for it is only by action that we can cut away the self-will which has always blocked the entry of God – or, if you like, a Higher Power – into our lives. Faith, to be sure, is necessary, but faith alone can avail nothing. We can have faith, yet keep God out of our lives. Therefore our problem now becomes just how and by what specific means shall we be able to let Him in? Step Three represents our first attempt to do this. In fact, the effectiveness of our whole A.A. program will rest upon how well and earnestly we have tried to come to “a decision to turn our will and our lives over to the care of God *as we understood Him.*”

To every worldly and practical-minded beginner, this Step looks hard, even impossible. No matter how much one wishes to try, exactly how *can* he turn his own will and his own life over to the care of whatever God he thinks there is? Fortunately, we who have tried it, and with

equal misgivings, can testify that anyone, anyone at all, can begin to do it. We can further add that a beginning, even the smallest, is all that is needed. Once we have placed the key of willingness in the lock and have the door ever so slightly open, we find that we can always open it some more. Though self-will may slam it shut again, as it frequently does, it will always respond the moment we again pick up the key of willingness.

The 3rd Tradition

“The only requirement for A. A. membership is a desire to stop drinking.”

Early intolerance based on fear. To take away any alcoholic’s chance at A.A., was sometimes to pronounce his death sentence. Membership regulations abandoned. Two examples of experience. Any alcoholic is a member of A.A. when *he* says so.

This tradition is packed with meaning. For A.A. is really saying to every serious drinker, “you are an A.A. member if *you* say so. You can declare yourself in; nobody can keep you out. No matter who you are, no matter how low you’ve gone, no matter how grave your emotional complications – even your crimes – we still can’t deny you A.A. We don’t *want* to keep you out. We aren’t a bit afraid you’ll harm

us, never mind how twisted or violent you may be. We just want to be sure that you get the same great chance for sobriety that we’ve had. So you’re an A.A. member the minute you declare yourself.”

To establish this principle of membership took years of harrowing experience. In our early time, nothing seemed so fragile, so easily breakable as an A.A. group. Hardly an alcoholic we approached paid any attention; most of those who did join us were like flickering candles in a windstorm. Time after time, their uncertain flames blew out and couldn’t be relighted. Our unspoken, constant thought was “which of us may be the next?”

Third Concept:

As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional “Right of Decision.” effective conscience of our whole Society in its world affairs.”

March 2024 Office Manager Report

| | Jan | Feb | YTD Total |
|-------------------|------------------|-------------------|-------------------|
| Sales of Goods | \$4,452.58 | \$3,775.13 | \$8,227.71 |
| Expenses | (\$4,893.01) | (\$5,131.16) | (\$10,024.17) |
| Cost of Goods | (\$2,500.44) | (\$2,902.59) | (\$5,403.03) |
| Contributions | \$2,894.44 | \$3,419.78 | \$6,314.22 |
| Net Income | (\$46.43) | (\$838.84) | (\$885.27) |



Contributions

| Group | Jan | Feb | Total |
|-----------------------------------|-------------------|-------------------|-------------------|
| A Gathering of Women | \$571.25 | | \$571.25 |
| AM/Mid-Day Mod | \$531.43 | \$743.97 | \$1,275.40 |
| Anonymous | \$0.00 | \$297.35 | \$297.35 |
| Any Lengths Group | \$0.00 | | \$0.00 |
| AV Hospital | \$484.00 | | \$484.00 |
| AV Men's Stag | \$0.00 | \$39.00 | \$39.00 |
| AV Roundup | \$0.00 | | \$0.00 |
| AVYPAA | \$0.00 | | \$0.00 |
| Backus Any Length | \$0.00 | | \$0.00 |
| Birthday | \$0.00 | | \$0.00 |
| Cal City Clubhouse | \$0.00 | | \$0.00 |
| Came to Believe - Alano Club | \$0.00 | | \$0.00 |
| Crown Valley Group | \$56.62 | \$800.00 | \$856.62 |
| Daily Reflections | \$130.41 | | \$130.41 |
| Dare to be Different - Alano Club | \$0.00 | | \$0.00 |
| District 7 | \$0.00 | | \$0.00 |
| Faithful Fiver | \$0.00 | \$45.00 | \$45.00 |
| Friday Noon - Alano | \$0.00 | | \$0.00 |
| High Desert BB Grp | \$0.00 | \$811.98 | \$811.98 |
| Intergroup Fundraisers | \$142.00 | | \$142.00 |
| Into Action | \$0.00 | | \$0.00 |
| Joe & Charlie Book Study - Alano | \$200.00 | | \$200.00 |
| Lake Hughes Group | \$0.00 | | \$0.00 |
| New Beginnings | \$0.00 | | \$0.00 |
| Open Door | \$0.00 | | \$0.00 |
| Open Participation | \$0.00 | | \$0.00 |
| Palmdale Grp | \$0.00 | | \$0.00 |
| Palmdale Mon Noon 12 & 12 | \$375.00 | | \$375.00 |
| Pearblossom Grp | \$0.00 | | \$0.00 |
| PM Mod | \$0.00 | | \$0.00 |
| Quartz Hill Unity Grp | \$0.00 | \$146.00 | \$146.00 |
| Rainbow Grp | \$0.00 | \$50.00 | \$50.00 |
| Recovery @ The Ranch | \$0.00 | | \$0.00 |
| Rosamond Sun Night | \$0.00 | | \$0.00 |
| Rule 62 Grp | \$0.00 | | \$0.00 |
| Sat Spkr Mtg - Alano | \$0.00 | | \$0.00 |
| Sobriety Rocks | \$0.00 | | \$0.00 |
| Step Workshop Meeting | \$0.00 | | \$0.00 |
| Sun Night BBS | \$0.00 | | \$0.00 |
| The Promises - Alano Club | \$0.00 | | \$0.00 |
| Thurs Night Step Study | \$0.00 | | \$0.00 |
| Tuesday Topic Mtg - Alano | \$77.00 | | \$77.00 |
| Unity Group | \$0.00 | | \$0.00 |
| Wed Night BBS | \$40.00 | \$100.00 | \$140.00 |
| Westside Grp | \$0.00 | \$100.00 | \$100.00 |
| Women in Recovery | \$0.00 | | \$0.00 |
| Women Seeking Serenity | \$0.00 | | \$0.00 |
| Sober Sisters | \$0.00 | | \$0.00 |
| <i>Digital Contributions</i> | <i>\$286.73</i> | <i>\$286.48</i> | <i>\$573.21</i> |
| TOTALS | \$2,607.71 | \$3,419.78 | \$5,741.01 |

| | | | | | |
|-------------|-----------|----|--------------|-----------|----|
| Larry C. | 3/17/2022 | 2 | Chris B. | 3/1/2005 | 19 |
| Wade K. | 3/12/2021 | 3 | Hal F. | 3/3/2005 | 19 |
| Rubin Z. | 3/16/2020 | 4 | Kirk F. | 3/26/2005 | 19 |
| Tim Y. | 3/2/2016 | 8 | Mike C. | 3/18/2005 | 19 |
| Cynthia J. | 3/6/2016 | 8 | Gina G. | 3/22/2004 | 20 |
| Teresa K. | 3/10/2015 | 9 | Jim G. | 3/17/2004 | 20 |
| Angeline P. | 3/10/2015 | 9 | JoDee L. | 3/14/2004 | 20 |
| Leslie G. | 3/26/2014 | 10 | Nancy H. | 3/12/2004 | 20 |
| Amy D. | 3/7/2014 | 10 | William | 3/23/2003 | 21 |
| C. Bobo | 3/11/2013 | 11 | Marcus H. | 3/22/2002 | 22 |
| Mike S. | 3/22/2013 | 11 | Oscar G. | 3/20/2001 | 23 |
| Anthony | 3/15/2012 | 12 | Sandy M. | 3/22/2001 | 23 |
| Colleen E. | 3/28/2012 | 12 | Troy D. | 3/27/1998 | 26 |
| Kat H. | 3/30/2012 | 12 | Chris G. | 3/21/1997 | 27 |
| Nicholas S. | 3/15/2012 | 12 | Janice M. | 3/14/1997 | 27 |
| Ron L. | 3/12/2012 | 12 | Patti | 3/27/1997 | 27 |
| Mike S. | 3/23/2012 | 12 | Paul O. | 3/4/1997 | 27 |
| Thomas D. | 3/28/2012 | 12 | Diane M. | 3/29/1996 | 28 |
| Jessie M. | 3/2/2011 | 13 | Janine B. | 3/29/1996 | 28 |
| Ellie | 3/6/2011 | 13 | Juliet K. | 3/7/1996 | 28 |
| Mary A. | 3/6/2011 | 13 | David W. | 3/29/1995 | 29 |
| Deborah C. | 3/15/2011 | 13 | Sarah G. | 3/18/1994 | 30 |
| Karen D. | 3/18/2011 | 13 | Ivrina K. | 3/9/1993 | 31 |
| Maile S. | 3/19/2011 | 13 | Yvette L. | 3/1/1993 | 31 |
| Ann W. | 3/17/2010 | 14 | Kathryn O. | 3/1/1992 | 32 |
| Chris | 3/3/2010 | 14 | Jerry G. | 3/20/1991 | 33 |
| Chrissy | 3/3/2010 | 14 | Louis G. | 3/3/1991 | 33 |
| Ira | 3/1/2010 | 14 | Deb W. | 3/2/1990 | 34 |
| Maureen B. | 3/21/2010 | 14 | Jim P. | 3/4/1990 | 34 |
| Paul H. | 3/13/2010 | 14 | Gavle C. | 3/26/1989 | 35 |
| Allen A. | 3/28/2009 | 15 | Keith C. | 3/17/1989 | 35 |
| Brent S. | 3/26/2009 | 15 | Owen L. | 3/10/1989 | 35 |
| Carri I. | 3/9/2009 | 15 | Robert W. | 3/17/1989 | 35 |
| Cielita O. | 3/16/2009 | 15 | Don H. | 3/15/1985 | 39 |
| Brent S. | 3/26/2009 | 15 | Mario S. | 3/17/1985 | 39 |
| Joe S. | 3/29/2009 | 15 | Robert K. | 3/10/1985 | 39 |
| Keith M. | 3/13/2009 | 15 | Trisha | 3/28/1984 | 40 |
| Brandon D. | 3/28/2008 | 16 | Jim S. | 3/27/1983 | 41 |
| Clinton | 3/23/2008 | 16 | Pat C. | 3/20/1983 | 41 |
| Josh C. | 3/16/2008 | 16 | Robin W. | 3/9/1983 | 41 |
| Kamryn | 3/9/2008 | 16 | Terry H. | 3/6/1983 | 41 |
| Rosemary N. | 3/6/2008 | 16 | Jose | 3/5/1982 | 42 |
| Brandy Q. | 3/12/2007 | 17 | Mary B. | 3/21/1982 | 42 |
| Christi N. | 3/15/2007 | 17 | Uncle Andy | 3/1/1982 | 42 |
| Johnny P. | 3/26/2007 | 17 | John G. | 3/19/1981 | 43 |
| Latasha W. | 3/6/2007 | 17 | Richard Ross | 3/28/1981 | 43 |
| Lavern C. | 3/8/2007 | 17 | Roy Y. | 3/3/1980 | 44 |
| Louis D. | 3/28/2007 | 17 | Jackie O. | 3/1/1978 | 45 |
| Paul D. | 3/18/2007 | 17 | Mike A. | 3/5/1978 | 45 |
| Samantha W. | 3/20/2007 | 17 | Judy H. | 3/22/1977 | 46 |
| Joseph R. | 3/14/2006 | 18 | Valerie R. | 3/13/1977 | 46 |
| Jovan S. | 3/18/2006 | 18 | Sheryl N. | 3/10/1976 | 47 |
| Karen B. | 3/15/2006 | 18 | Helen C. | 3/5/1975 | 48 |
| Pamela S. | 3/31/2006 | 18 | Larry M. | 3/3/1971 | 53 |
| Anna G. | 3/16/2005 | 19 | Fred C. | 3/25/1965 | 59 |

**Get your groups birthday list to Central Office
... That's how they appear here!**

Total Years = 2,599

Managers Corner

Intergroup Elections Happening Now ~ Come in and vote! As you can see we need some volunteers to help clean the office once a week. Please call to sign up!

Thank You Saturday Volunteers!!

- 1st ~ Larry W. & Vacant
- 2nd ~ Wendy W. & Laura Linn
- 3rd ~ Nonna W. & Deborah H.
- 4th ~ Vacant & Vacant
- 5th ~ Stephanie S. & Vacant

Thank you for allowing me to be of service!!

Jeffrey Harlow

Don't forget to visit us on the Web!

